

Registration Form

If you are unable to attend, please find someone to take your place. No refunds are possible.

Please complete and mail with your cheque in the full amount for the weekend made payable to:

Registrar Westminster Weekend

Surname	First Name
Address	
Postal Code	Telephone
E-mail	
Local Church	Presbyterial

Please have separate registration forms for each person. Group cheques are acceptable when attendees are listed.

Due to allergies and sensitivities, this is a scent free event.

NO Post-dated cheques please.

Registration Deadline: April 10, 2017

A confirmation will be sent to you after the registration deadline by the method checked below:

email post

Please check here if you would like your personal information kept confidential.

Dean's Message

I am looking forward to welcoming you to Westminster Weekend 2017. Our Theme Speaker, Dea. Michelle Owens, and Worship Leader, Dr. Rev. Anne Beattie-Stokes, will inspire you as they explore our focus topic, Finding Balance in an Unbalanced World.

We have arranged four interesting workshops for you to choose from. Balance changes for all of us as we journey through our lives. We will discover ways to keep God as our Centre of our Faith on a daily basis.

A highlight of this weekend will be the Celebration of 50 years of meeting together at Westminster Weekend on Saturday evening!!! A special committee has been working on this program and whether this is your first time attending or you are a multi-year attendee, I am sure you will be pleased with the evening.

Please invite someone to join you; family and/or friend....someone who would value time away to find balance.

Blessings,
Mary McIntosh, Dean 2017

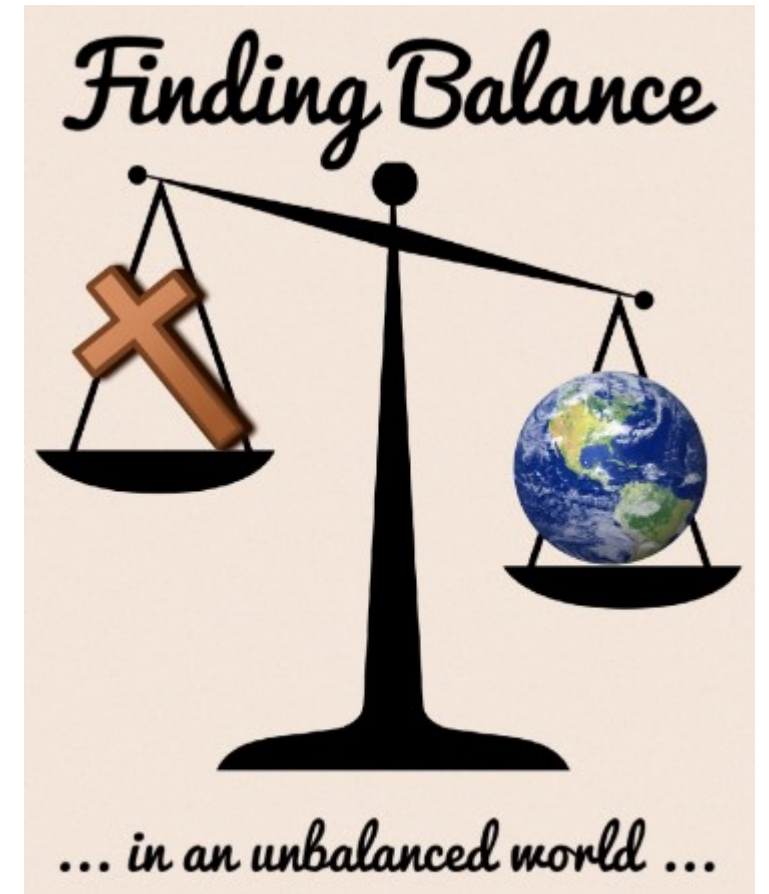
Westminster Weekend Planning Committee

Dean: Mary McIntosh	519-393-6232
Asst. Dean: Jackie Hymers	519-291-3023
Registrar: Maureen Whiting	519-227-0297
Asst.Registrar: Marilyn Whaley	519-291-4096
Hostess: Shelley Huctwith	519-644-2680
Asst. Hostess: Maureen Tipping	519-472-7539
Leadership Dvlpmnt: Ruth Long	519-356-2442
Treasurer: Marilyn Mitchell	519-762-3335

Email Inquiries: marilynwhaley@live.ca

**Registration is between 5-7 pm on Friday, May 5th
Conference ends after lunch on Sunday, May 7th**

50th Westminster Weekend 2017



***A Spiritual Retreat for Women
Sponsored by London Conference
United Church Women***

***May 5-7, 2017
Stoneridge Inn, London, Ontario***

Theme Speaker

We are very pleased to announce that Dea. **Michelle Owens** will be exploring our theme with us this weekend. She is a diaconal minister, currently serving as London Conference Personnel Minister, which includes education and policy interpretation as well as direct resourcing for Conference, Presbytery and congregational committees and clergy.

Michelle is an avid gardener and knitter and started practicing yoga while serving the Atwood Pastoral Charge. Whether finding/making the time for exercise, or trying not to fall over in a balance pose, yoga is one of the ways Michelle tries to find her own balance in an often unbalanced world. We are looking forward to her insight into this ever present life challenge of finding balance.

Worship Leader

The Rev. Dr. **Anne Beattie-Stokes** was born and raised in London and at Calvary United Church. She was ordained in 1979 and after serving in several pastoral charges, she retired in 2014. In 2009, Anne received a Doctor of Ministry degree from St. Stephen's College, Edmonton. Her doctoral thesis was on conscious elderhood. She is the author of A Heart of Wisdom: Inspiration and Instruction for Conscious Elderhood which is about waking up to the depths of one's own journey in elderhood. Recently Anne accepted the position of Pastoral Support Minister for London Conference which means she ministers to ministers and their families.

Anne is passionate about the transformative journey of Christian faith, and loves to use art, metaphor, story, dreams, wisdom circles, and nature to help people connect to their own deep gifts and calling.

Music Leaders

The Beattie Trio is comprised of three sisters, **Shelley Huctwith, Lisa Nyeboer, and Carla Vlasman**. This musical trio has been singing together for many years and as sisters their voices blend to create beautiful harmonies. Shelley, Lisa and Carla are busy with families and careers but they find time to make music an important part of their lives, singing in area churches and concerts whenever time permits. Their accompanist and honorary sister, **Catherine Hayden**, who is also busy with family and career, is the music director at St. Andrew's Westminster United Church. A gifted pianist, Catherine also composes and arranges music in her spare time. They are all very excited to be invited back again to lead the music at Westminster Weekend. They look forward to singing with you, sharing with you and learning with you as we all seek ways to balance our very busy lives!

Workshops

Grandmothers to Grandmothers: In many countries in Sub-Sahara Africa it is the grandmothers who look after more than 15 million orphans. Their parents have succumbed to the HIV/AIDS pandemic. Through the Stephen Lewis Foundation, Canadian Grandmothers have raised over 19 million to support basic needs. Marg Bucci and Cathy Harrison are members of the London Grands. As retired educators they know the importance of the role of family. They will share their desire to help.

Finding Balance in Life Decisions: We are all faced with life decisions; who or if you will marry, whether to have children, where to live, what career you will pursue, when to move. An important life decision is how we prepare to enter our retirement years. There are many factors to consider if we want to retire well. You will be given some tools on how to make some of the most important future life decisions about retirement. Jeremiah 29:11 "For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future." Bonnie and her husband Tom, live on a farm outside of St. Mary's. They have four grown sons and nine grandchildren. Bonnie has opened a private counselling practice in St. Mary's. She is a Registered Psychotherapist and a Canadian Certified Counsellor.

Balancing Exercise and Fun: Michael Murphy from Michael's Dance Floor is originally from the Tillsonburg area and now living in St Thomas. Michael has been part of several successful dance teams. In 2009 Michael began teaching Ballroom and Line Dancing in St Thomas and Simcoe Ontario. Join Michael as he gets us line dancing: exercising and having fun at the same time! No previous experience necessary!

Balancing Fears with Knowledge: Catherine Fountain is a Crime Prevention Officer and a member of the Community Service Unit. She has been a police officer for 24 years. Come and listen to some valuable information and sound advice as Catherine educates us about frauds and scams and how to avoid being a victim. She will touch on some of the more recent frauds and scams as well as some that persist.

Registration Form ~ Page 2

Please check the appropriate boxes

Age: Under 18 18-30 31-45
 46-55 56-64 65 +

First Time Attendee Mobility Concerns

Room Assignment (prices are per person)

4 people/room with 2 beds \$215
 3 people/room with 2 beds \$235
 2 people/room with 1 bed \$265
 2 people/room with 2 beds \$275
 1 person/room with 1 bed \$375

**Cost includes room, meals and program

Due to room availability, about 50% of attendees will need to share a bed. Therefore, bring a friend to share your bed or submit your registration early to guarantee your choice. If sharing a room, please indicate roommate(s) in the box below.

Meals Special Dietary Needs and/or Allergies

Saturday Banquet Choice:

Herb Roasted Chicken with sautéed fennel and roasted garlic cream sauce
 Apple & Walnut Stuffed Pork Loin with apple cider sauce

Workshops: You will be able to attend two workshops. Assignment based on a first come, first served basis. Please indicate your first three choices:

1st
2nd
3rd

**Please complete form and mail to:
Marilyn Whaley
6557 Line 81, RR#2
Listowel, ON N4W 3G7**